
Post Offices along the A.T.

Post offices are listed here in south-to-north order. *Note: Many post offices (perhaps all) have been shaving one hour or more off their daily hours, typically some in the morning, some in the afternoon, and some at lunch time.* Changes we have verified are reflected here, but please take this development into account in your planning for picking up packages—call ahead!

Local post office telephone numbers can be verified by calling (800) 275-8777 (ASK USPS).

Post offices printed in bold are located on, or within one mile of, the Trail.

Town	ZIP Code	Hours Phone
Suches, GA	30572	M–F 7:30–11:30 & 1–4:30, Sa 7:30–11:30 (706) 747-2611
Helen, GA	30545	M–F 9–5, Sa 9–12 (706) 878-2422
Hiawassee, GA	30546	M–F 8:30–5:30, Sa 8:30–12 (706) 896-3632
Franklin, NC	28734	M–F 8:45–12 & 1:15–5, Sa 8:30–10 (828) 524-3219
Bryson City, NC	28713	M–F 8:30–12 & 12:30–4, closed Sa (828) 488-3481
Fontana Dam, NC	28733	M–F 8:30–12 & 12:30–4:30, closed Sa (828) 498-2315
Gatlinburg, TN	37738	M–F 9–5, Sa 10–11 (865) 436-3229
Cherokee, NC	28719	M–F 9–4:30, Sa 10–11:30 (828) 497-3891
Hot Springs, NC	28743	M–F 8:30–11:30 & 1–4, Sa 8:30–10:30 (828) 622-3242
Erwin, TN	37650	M–F 8:30–4:45, Sa 10–12 (423) 743-9422
Unicoi, TN	37692	M–F 8–11 & 12–4, Sa 8:30–10:30 (800) 275-8777
Elk Park, NC	28622	M–F 7:30–12 & 1:30–4:15, Sa 7:30–11 (828) 733-5711
Roan Mountain, TN	37687	M–F 8:15–11:30 & 12:30–4:15, Sa 8:15–11 (423) 772-3014

Hampton, TN	37658	M–F 7:30–11:30 & 12:30–4:30, Sa 8–10 (423) 725-2177
Shady Valley, TN	37688	M–F 7:30–11 & 12–3:30, Sa 7:30–9:30 (423) 739-2173
Damascus, VA	24236	M–F 8:30–1 & 2–4:30, Sa 9–11 (276) 475-3411
Troutdale, VA	24378	M–F 8:15–12 & 1–4:30, Sa 8:15–11:30 (276) 677-3221
Sugar Grove, VA	24375	M–F 8:15–12 & 1:15–4:45, Sa 8:15–10:30 (276) 677-3200
Marion, VA	24354	M–F 8:30–5, Sa 9:30–12 (276) 783-5051
Atkins, VA	24311	M–F 9–1 & 2:30–4:, Sa 9:30–11 (276) 783-5551
Bland, VA	24315	M–F 8–11:30 & 12–4, Sa 9–11 (276) 688-3751
Bastian, VA	24314	M–F 8–12 & 12:30–4, Sa 8–10:30 (276) 688-4631
Pearisburg, VA	24134	M–F 9–4:30, Sa 10–12 (540) 921-1100
Catawba, VA	24070	M–F 7:30–12 & 1–5, Sa 8–10:30 (540) 384-6011
Daleville, VA	24083	M–F 8–5, Sa 8–12 (540) 992-4422
Cloverdale, VA	24077	M–F 8:30–11 & 11:30–4, Sa 9–12 (540) 992-2334
Troutville, VA	24175	M–F 9–12 & 1–5, Sa 9–11 (540) 992-1472
Buchanan, VA	24066	M–F 8:30–1 & 1:30–4:30, Sa 10–12 (540) 254-2178
Big Island, VA	24526	M–F 8:30–12:30 & 1:30–4:30, Sa 8–10 (434) 299-5072
Glasgow, VA	24555	M–F 8–11:30 & 12:30–4:30, Sa 8:30–10:30 (540) 258-2852
Buena Vista, VA	24416	M–F 8:30–4:30, closed Sa (540) 261-8959
Lexington, VA	24450	M–F 9–5, Sa 10–12 (540) 463-6449
Montebello, VA	24464	M–F 8–12 & 12:30–4:30, Sa 9–12 (540) 377-9218
Waynesboro, VA	22980	M–F 9–5, closed Sa (540) 942-7320

Elkton, VA	22827	M–F 8:30–4:30, Sa 9–11 (540) 298-7772
Luray, VA	22835	M–F 8:30–4:30, closed Sa (540) 743-2100
Front Royal, VA	22630	M–F 8:30–5, Sa 8:30–1 (540) 635-7983
Linden, VA	22642	M–F 8–12 & 1–5, Sa 8–12 (540) 636-9936
Bluemont, VA	20135	M–F 8:30–12 & 1–5, Sa 8:30–12 (540) 554-4537
Harpers Ferry, WV	25425	M–F 8–4, Sa 9–12 (304) 535-2479
Boonsboro, MD	21713	M–F 9–1 & 2–5, Sa 9–12 (301) 432-6861
Smithsburg, MD	21783	M–F 8:30–1 & 2–4:30, Sa 8:30–12 (301) 824-2828
Cascade, MD	21719	M–F 8–1 & 2–5, Sa 8–12 (301) 242-3403
Blue Ridge Summit, PA	17214	M–F 8–4:30, Sa 9–11:30 (717) 794-2335
Waynesboro, PA	17268	M–F 8:30–5, Sa 9–12 (717) 762-1513
South Mountain, PA	17261	M–F 8–1 & 2–4:45, Sa 8:30–11:30 (717) 749-5833
Fayetteville, PA	17222	M–F 8–4:30, Sa 8:30–12 (717) 352-2022
Mt. Holly Springs, PA	17065	M–F 8–4:30, Sa 9–12 (717) 486-3468
Boiling Springs, PA	17007	M–F 8–4:30, Sa 8–12 (717) 258-6668
Duncannon, PA	17020	M–F 8–4:30, Sa 8–12 (717) 834-3332
Bethel, PA	19507	M–F 8–12, 1:15–4:30, Sa 8:30–10:30 (717) 933-8305
Pine Grove, PA	17963	M–F 8:30–4:30, Sa 9–12 (570) 345-4955
Port Clinton, PA	19549	M–F 7:30–12:30 & 2–5, Sa 8–11 (610) 562-3787
Hamburg, PA	19526	M–F 9–5, Sa 9–12 (610) 562-7812
Slatington, PA	18080	M–F 8:30–5, Sa 8:30–12 (610) 767-2182

Walnutport, PA	18088	M–F 8:30–5, Sa 8:30–12 (610) 767-5191
Palmerton, PA	18071	M–F 8:30–5, Sa 8:30–12 (610) 826-2286
Danielsville, PA	18038	M–F 8–12 & 1–5, Sa 8–12 (610) 767-6882
Wind Gap, PA	18091	M–F 8:30–5, Sa 8:30–12 (610) 863-6206
Delaware Water Gap, PA	18327	M–F 8:30–12 & 1–4:45, Sa 8:30–11:30 (570) 476-0304
Branchville, NJ	07826	M–F 8:30–5, Sa 8:30–1 (973) 948-3580
Unionville, NY	10988	M–F 8–12 & 1–5, Sa 8–12 (845) 726-3535
Glenwood, NJ	07418	M–F 7:30–5, Sa 6:30–2 (973) 764-2616
Vernon, NJ	07462	M–F 8:30–5, Sa 9:30–12:30 (973) 764-9056
Greenwood Lake, NY	10925	M–F 8–5, Sa 9–12 (845) 477-7328
Bellvale, NY	10912	M–F 8–12 & 1–4:30, Sa 8–12 (845) 986-2880
Warwick, NY	10990	M–F 8:30–7, Sa 9–4 (845) 986-0271
Southfields, NY	10975	M–F 8–12, 1–5, Sa 8:30–11:30 (845) 351-2628
Bear Mountain, NY	10911	M–F 8–12, closed Sa (845) 786-3747
Ft. Montgomery, NY	10922	M–F 8–1 & 2:30–5, Sa 9–12 (845) 446-8459
Peekskill, NY	10566	M–F 9–5, Sa 9–4 (914) 737-1340
Stormville, NY	12582	M–F 8:30–5, Sa 9–12 (845) 226-2627
Poughquag, NY	12570	M–F 8:30–5, Sa 8:30–12:30 (845) 724-4763
Pawling, NY	12564	M–F 8:30–5, Sa 9–12 (845) 855-2669
Wingdale, NY	12594	M–F 8–5, Sa 8–12:30 (845) 832-6147
Gaylordsville, CT	06755	M–F 8–1 & 2–5, Sa 8–12 (860) 354-9727

Kent, CT	06757	M–F 8–1 & 2–5, Sa 8:30–12:30 (860) 927-3435
Cornwall Bridge, CT	06754	M–F 8–1 & 2–5, Sa 9–12 (860) 672-6710
West Cornwall	06796	M–F 8–1 & 2–4:30, Sa 9–12 (860) 672-6791
Sharon, CT	06069	M–F 8:30–4:30, Sa 9:30–12:30 (860) 364-5306
Falls Village, CT	06031	M–F 8:30–1 & 2–5, Sa 8:30–12 (860) 824-7781
Salisbury, CT	06068	M–F 8–1 & 2–5, Sa 9–12 (860) 435-5072
South Egremont, MA	01258	M–F 8:15–12 & 12:30–4, Sa 9–11:30 (413) 528-1571
Sheffield, MA	01257	M–F 9–4:30, Sa 9–12 (413) 229-8772
Great Barrington, MA	01230	M–F 8:30–4:30, Sa 8:30–12:30 (413) 528-3670
Monterey, MA	01245	M–F 8:30–1 & 2–4:30, Sa 9–11:30 (413) 528-4670
Tyringham, MA	01264	M–F 9–12:30 & 4–5:30, Sa 8:30–12:30 (413) 243-1225
Lee, MA	01238	M–F 8:30–4:30, Sa 9–12 (413) 243-1392
Becket, MA	01223	M–F 8–4, Sa 9–11:30 (413) 623-8845
Dalton, MA	01226	M–F 8:30–4:30, Sa 9–12 (413) 684-0364
Cheshire, MA	01225	M–F 7:30–1 & 2–4:30, Sa 8:30–11:30 (413) 743-3184
Adams, MA	01220	M–F 8:30–4:30, Sa 10–12 (413) 743-5177
North Adams, MA	01247	M–F 8:30–4:30, Sa 10–12 (413) 664-4554
Williamstown, MA	01267	M–F 8:30–4:30, Sa 9–12 (413) 458-3707
Bennington, VT	05201	M–F 8–5, Sa 9–2 (802) 442-2421
Manchester Center, VT	05255	M–F 8–4:30, Sa 9:30–12 (802) 362-3070
Danby, VT	05739	M–F 7:15–12 & 1:15–4, Sa 7:30–10:30 (802) 293-5105

Wallingford, VT	05773	M–F 8–4:30, Sa 9–12 (802) 446-2140
Rutland, VT	05701	M–F 8–5, Sa 8–12 (802) 773-0222
Killington, VT	05751	M–F 8:30–4:30, Sa 8:30–12 (802) 775-4247
Pittsfield, VT	05762	M–F 8–12 & 2–4:30, Sa 8:30–11:30 (802) 746-8953
Woodstock, VT	05091	M–F 8:30–5, Sa 9–12 (802) 457-1323
South Pomfret, VT	05067	M–F 8–1 & 2–4:45, Sa 8:30–11:30 (802) 457-1147
West Hartford, VT	05084	M–F 7:30–11:30 & 1–4:45, Sa 7:30–10:15 (802) 295-6293
Norwich, VT	05055	M–F 8:30–5, Sa 9–12 (802) 649-1608
Hanover, NH	03755	M–F 8:30–5, Sa 8:30–12, pkg pick-up open 7 a.m. (603) 643-4544
Lyme, NH	03768	M–F 8–12 & 2:30–4:45, Sa 8–11:30 (603) 795-4421
Wentworth, NH	03282	M–F 7:15–1 & 3–5, Sa 7:15–12 (603) 764-9444
Warren, NH	03279	M–F 7:30–1 & 2:30–5, Sa 8–11:30 (603) 764-5733
Glencliff, NH	03238	M–F 7–10 & 2–5, Sa 7–1 (603) 989-5154
North Woodstock, NH	03262	M–F 8:30–12:30 & 1:30–4:30, Sa 9–12 (603) 745-8134
Lincoln, NH	03251	M–F 8–5, Sa 8–12 (603) 745-8133
Bartlett, NH	03812	M–F 8:30–1 & 1:30–4:45, Sa 8:30–12 (603) 374-2351
Mt. Washington, NH	03589	Not recommended for mail drop (603) 466-3347
Gorham, NH	03581	M–F 8:30–5, Sa 8:30–12 (603) 466-2182
Andover, ME	04216	M–F 8:30–1:30 & 2–4:30, Sa 8:30–11:30 (207) 392-4571
Oquossoc, ME	04964	M–F 8–1 & 1:30–4:15, Sa 9–12 (207) 864-3685
Rangeley, ME	04970	M–F 9:30–12:30 & 1:30–4:15, Sa 9:30–12 (207) 864-2233

Stratton, ME	04982	M–F 9:00–1 & 1:30–4, Sa 9–11:30 (207) 246-6461
Caratunk, ME	04925	M–F 7:30–11:30 & 12–3:45, Sa 7:30–11:15 (207) 672-3416
Monson, ME	04464	M–F 7:30–11:30 & 12:30–4, Sa 7:30–11 (207) 997-3975
Millinocket, ME	04462	M–F 9–4, Sa 9–11:30 (207) 723-5921

Mail Drops

Many thru-hikers use “mail drops” to send themselves supplies. The *Companion* lists U.S. Postal Service (USPS) offices and also establishments that accept packages from shippers such as UPS and FedEx. Mail drops can be sent to both types of locations, but it is important to address them differently. Post offices accept only mail; a post office will not accept a FedEx or UPS package. Only post offices will accept packages addressed to a “General Delivery” address. USPS will forward unopened first-class and “priority” items at no additional fee. **UPS and FedEx packages cannot be sent to “General Delivery”**—you must provide a physical address other than a post office, such as a street number, and (for FedEx) a telephone number for those shipments. Please assist the businesses and post offices by printing legibly and practicing the following labeling instructions:

Your Full Name (no nicknames or Trail names)
 c/o the business (*General Delivery* if a post office)
 City/State/ZIP Code
Please Hold for Thru-hiker or Section-Hiker
 (and estimated date of arrival)

At the post office, be prepared to show a photo ID when you pick up your package. Postmasters are one of a thru-hiker’s best friends on the Trail. Help them help you and other hikers by following the labeling instructions above for all your mail. Send a postcard if you leave the Trail for any reason, to let the post office know what to do with your package.

To ensure that your food parcels don’t pick up any “unwanted visitors” before you arrive, we suggest that hikers double-bag and securely seal all parcels.

Hostels, Camping & Showers

The first thing that comes to a hiker's one-track mind when she/he hits town is FOOD and lots of it, followed by a good hot shower and affordable accommodations. In the pursuit of just food, shower, and laundry, some hikers want to minimize the town experience and return to the Trail as soon as possible, usually the same day. This list provides low-cost options and will help you to keep the grunge at bay. Campgrounds were chosen for their proximity to the Trail, and consideration was given if they allowed nonguest showers, while keeping in mind travel by foot. There are many other campgrounds listed in the *Companion* that are best reached by car or require a longer walk.

Establishments printed in **bold** are located on or within one mile of the Trail.

NA=not available

n/c= no charge

S = shelter; H = hostel; C = camping; L = lodging; B = bunk

State	Location; Establishment	Guest Fee	Nonguest Shower-only fee
Ga.	Amicalola Falls State Park	C \$23, L \$75+	
Ga.	Suches; A.T. Hiker Hostel	H \$16	
Ga.	Neels Gap ; Walasi-Yi Center	H \$15	\$3.50
Ga.	Hiawassee; Blueberry Patch	H donation	
N.C.	Rock Gap; Standing Indian Campground	C \$16	\$2
N.C.	Wesser ; Nantahala Outdoor Center	H \$17	
N.C.	Fontana Dam Visitors Center		n/c
Tenn.	Green Corner Rd ; Standing Bear Farm	H \$20/\$15	
N.C.	Hot Springs ; The Sunnybank Inn	L \$20	
Tenn.	Greeneville ; Hemlock Hollow	L \$48 B \$20 C \$12	\$3
Tenn.	Erwin; Cherokee Adventures	C \$5 B \$8	\$2
Tenn.	Erwin; Nolichucky Hostel and Outfitters	H \$15 C \$8	\$3
Tenn.	Greasy Creek Gap ; Greasy Creek Friendly	H \$10/\$16 C \$7.50	\$3
Tenn.	U.S. 19E ; Mountain Harbour B&B/Hostel	C \$8 B \$18	\$3
Tenn.	Roan Mtn ; Abby's Place	H \$5/\$10	\$3

Tenn.	Dennis Cove ; Laurel Fork Lodge	B \$6 L \$12	\$2
Tenn.	Dennis Cove ; Kincora Hostel	H \$4 donation	
Va.	Damascus ; The Place	H \$4 donation	
Va.	Damascus ; Dave's Place, MRO	H \$10	\$3
Va.	USFS Hurricane Campground	C \$16	\$2
Va.	Va. 16; Troutdale Baptist Church	H donation	n/c
Va.	Groseclose ; Happy Hiker Hollow	H, C	
Va.	Va. 606 ; Trent's Grocery Store	C \$6	\$3
Va.	Sugar Run Rd ; Woodshole Hostel	H donation	
Va.	Pearisburg; Holy Family Church Hostel	H donation	
Va.	Pearisburg ; Rendevous Motel	L \$41.04	\$8
Va.	U.S. 11 ; Day Stop Inn (Travel Centers of America)		\$10
Va.	Va. 614; Middle Creek Campground	C \$26/4	\$5
Va.	Buena Vista; Glen Maury Campground	C \$20	\$2
Va.	Montebello; Montebello Camping and Fishing	C \$10S/ \$3EAP	\$3.50
Va.	Tye River; Crabtree Falls Campground	C \$23D	n/c
Va.	Lyndhurst; Rusty's Hard Time Hollow	H donation	
Va.	Waynesboro; Grace Evangelical Lutheran Church	H donation	n/c
Va.	Waynesboro; Waynesboro YMCA	C donation	n/c
Va.	SNP ; Loft Mountain Campground	C \$16	\$1
Va.	SNP ; Lewis Mountain Campground	C \$16	\$1
Va.	SNP ; Big Meadows Campground	C \$19	\$1
Va.	Compton Gap Trail /Front Royal Terrapin Hostel	H \$19	
Va.	Bears Den Hostel	H \$27.50/\$15 C \$10	\$3
Va.	Blackburn Trail Center	H, C donations	
W.Va.	Harpers Ferry ; The Town's Inn	H \$30	
Md.	Keep Tryst Road; Harpers Ferry Hostel	H \$18/\$21 C \$10	\$5
Md.	Gapland Rd. West ; Maple Tree Campground	C (ask for rate)	
Md.	Dahlgren Backpack Campground	C	n/c
Md.	Md. 17/ Wolfsville Rd ; The Free State Hiker Hostel	H \$32	

Pa.	Caledonia State Park	C \$19/\$21 weekday; \$23/\$25 weekend	\$3
Pa.	Pa. 233; Pine Grove Furnace State Park, Ironmasters Mansion	H \$22/\$25	\$4
Pa.	Boiling Springs; Boiling Springs Pool		\$1
Pa.	U.S. 11, Carlisle; Flyin J Travel Plaza		\$11.50
Pa.	Duncannon; Doyle Hotel	L \$25S/\$7.50 EAP	\$7.50
Pa.	Duncannon; All-American Truck Stop		\$8
Pa.	Pa. 501; PAmoneypit Hostel	H \$25	
Pa.	Port Clinton pavilion	C n/c	
Pa.	Hawk Mountain Road; Eckville Hikers Center; solar shower	B, C n/c	n/c
Pa.	Slatington; Fine Lodging	L \$39	\$4
Pa.	Palmerton; Borough Hall	H n/c	n/c
Pa.	DWG; Presbyterian Church of the Mountain Hostel	H donation	
N.J.	Mohican Outdoor Center	L \$25 C n/c	
N.J.	High Point State Park day-use area		n/c
N.J.	Sawmill Lake Campground	C \$20	
N.J.	Vernon; St. Thomas Episcopal Church	H \$10 donation	
N.Y.	Arden Valley Rd; Tiorati Circle		n/c
N.Y.	Graymoor Spiritual Life Center	C	n/c
N.Y.	N.Y. 301; Clarence Fahnestock State Park	C \$13/\$16	n/c
Conn.	Cornwall Bridge; Housatonic Meadows State Park	C \$36	n/c
Conn.	Falls Village Hydroelectric Plant; cold water		n/c
Mass.	U.S. 7; Corn Crib	C	n/c
Mass.	East Mountain Retreat	H \$10	
Mass.	Cheshire; Mason Hill	B \$25 C \$15	
Mass.	Mass. 2; North Adams YMCA		\$2
Mass.	Williamstown; Williams Inn		\$7
Vt.	Rutland; Back Home Again Café	H donation	
Vt.	Vt. 100; Gifford Woods State Park	S \$21 C \$14–16/4	50¢

Vt.	Pittsfield; Ameer Farm Hostel	H \$20 or work for stay	
N.H.	Etna–Hanover Ctr. Rd East; Tigger's Treehouse	H donation	
N.H.	Cape Moonshine Rd; Dancing Dunes Village	C work for stay	
N.H.	Glenclyff; Hikers Welcome Hostel	H \$21 C \$15/\$23	\$2.50
N.H.	I-93, U.S. 3, Franconia Notch; Lafayette Place Campground	C \$25D	\$1
N.H.	U.S. 302, Crawford Notch; Dry River Campground	C \$27.25D	25¢
N.H.	U.S. 302, Crawford Notch; Crawford Notch Campground	C \$24	\$2
N.H.	U.S. 302, Crawford Notch; AMC Highland Center	B \$37	
N.H.	N.H. 16; Pinkham Notch Visitors Center		coin-operated
N.H.	U.S. 2, Shelburne; White Birches Camping Park	H \$15 C \$11	.
N.H.	Gorham; The Barn	H \$20	
N.H.	Gorham; Hikers Paradise Hostel at Colonial Fort Inn	H \$19	
Maine	Maine 26, Grafton Notch; Bethel Outdoor Adventure's "Snowboarding House"	H \$22	
Maine	Andover; Pine Ellis Hiking Lodge	B \$20	
Maine	Andover; South Arm Campground	C \$15/4	25¢
Maine	Rangeley; Gull Pond Lodge	B \$20	
Maine	Stratton; Stratton Motel & Hostel	H \$20	
Maine	Stratton; Maine Roadhouse	B \$20	
Maine	U.S. 201; Northern Outdoors Resort	C \$10.70/\$6.42 L \$57.25/4	n/c
Maine	Monson; Lake Shore House	B \$25 C \$10	
Maine	Monson; Shaws	B \$21.50 C \$12PP	\$6
Maine	North Pond Haven	H \$20	
Maine	White House Landing	H \$35	
Maine	Golden Road; Abol Bridge Campground	C \$10	
Maine	Golden Road; Abol Pines	C \$8	
Maine	Millinocket; A.T. Lodge	B \$35S, \$55D	\$3

Equipment Manufacturers & Distributors

Most manufacturers and distributors stand behind their products. Companies will often replace or repair equipment while you are on the Trail. Usually, it is best to deal directly with the manufacturer rather than going through an outfitter along the Trail (except where noted below). A few telephone calls can save lost time and prevent a lot of headaches.

Arc 'Teryx	(866) 458-BIRD www.arcteryx.com
Asolo	(603) 448-8827, ext. 105 www.asolo.com
Backcountry Gear	(800) 953-5499 www.backcountrygear.com
Campmor	(800) 525-4784 www.campmor.com
Camelbak	(800) 767-8725 www.camelbak.com
Cascade Designs	(800) 531-9531 www.cascadedesigns.com
Cedar Tree Industry	(276) 780-2354 www.thepacka.com
Columbia	(800) 547-8066, (503) 985-4000 www.columbia.com
Dana Design (Marmot)	(888) 357-3262 www.danadesign.com
Danner Shoe Manufacturing	(800) 345-0430, (877) 432-6637 www.danner.com
Eagle Creek	(800) 874-9925 www.eaglecreek.com
Eastern Mountain Sports	(888) 463-6367 www.ems.com
Eureka	(888) 6EUREKA www.eurekacampingctr.com
Ex Officio	(800) 644-7303 www.exofficio.com
Feathered Friends	(206) 292-6292 www.featheredfriends.com
Frogg Toggs	(800) 349-1835 www.froggtoggs.com
General Ecology/First Need Filter	(800) 441-8166 www.generalecology.com
Golite	(888) 546-5483 www.golite.com

Gossamer Gear	(512) 374-0133 www.gossamergear.com
Granite Gear	(218) 834-6157 www.granitegear.com
Gregory Mountain Products	(800) 477-3420 www.gregorypacks.com
Hi-Tec Sports, USA	(209) 545-1111 www.hi-tec.com
Jacks 'R' Better Quilts	(757) 643-8908 www.jacksrbetter.com
JanSport	(510) 614-4000 www.jansport.com
Katadyn	(800) 755-6701 www.katadyn.com
Kelty Pack, Inc.	(800) 423-2320 www.kelty.com
Leki	(800) 255-9982, ext 3 www.leki.com
Peter Limmer & Sons, Inc.	(603) 694-2668 www.limmerboot.com
L.L.Bean	(800) 441-5713 www.llbean.com
Lowe Alpine Systems	(877) 888-8533 www.lowealpine.com
Marmot	(888) 357-3262 www.marmot.com
Merrell	(800) 288-3124 www.merrell.com
Mont-bell	(303) 449-5331 www.montbell.com
Montrail	(800) 953-8398 www.montrail.com
Mountain Hardware	(800) 953-8398 www.mountainhardware.com
Mountain Safety Research (Cascade Designs)	(800) 531-9531 www.msrcorp.com
Mountainsmith	(800) 426-4075, ext. 2 www.mountainsmith.com
The North Face	(866) 715-3223, ext. 7 www.thenorthface.com
Osprey	(970) 564-5900 cs@ospreypacks.com
Outdoor Research	(888) 467-4327 www.outdoorresearch.com
Patagonia	(800) 638-6464 www.patagonia.com

Peak 1/Coleman	(800) 835-3278 www.coleman.com
Photon	(877) 584-6898 www.photonlight.com
Primus	(888) 546-2267 www.primus.stoves.com
Princeton Tec	(609) 298-9331 www.princetontec.com
REI	(800) 426-4840 www.rei.com
Royal Robbins	(800) 587-9044 www.royalrobbins.com
Salomon	(800) 654-2668 www.salomonssports.com
Sierra Designs	(800) 369-3949 www.sierradesigns.com
Six Moon Designs	(503) 430-2303 www.sixmoondesigns.com
Slumberjack	(800) 233-6283 www.slumberjack.com
Speer Hammocks	(828) 724-4444 www.edspeerhammocks.com
Suunto	(800) 543-9124 www.suunto.com
Tarptent by Henry Shires	(650) 587-1548 www.tarptent.com
Tecnica	(800) 258-3897, ext. 2 www.tecnicausa.com
Teva/Deckers Corporation	(800) FOR-TEVA www.teva.com
The Underwear Guys	(570) 573-0209 www.theunderwearguys.com
ULA-Equipment	(435) 753-5191 www.ula-equipment.com
Vasque	(800) 224-4453 www.vasque.com
Warm Stuff	(570) 573-0209 www.warmstuff.com
Western Mountaineering	(408) 287-8944 www.westernmountaineering.com
ZZManufacturing (Zipztove)	(800) 594-9046 www.zzstove.com

Key Dates to Remember (2010)

- January 15–18** Southern Ruck, Nantahala Outdoor Center, Wesser, N.C.
- January 29–31** Pennsylvania Ruck, Pine Grove Furnace State Park, Gardners, Pa.
- March 5** ALDHA's 27th anniversary
- March 20** ALDHA Steering Committee meeting, open to the public, Pine Grove Furnace State Park, Gardners, Pa.
- April 25** Appalachian Trail Fest, Hot Springs, N.C.
- May 13–16** Appalachian Trail Days, Damascus, Va.
- June 5** National Trails Day and dedication of the Appalachian Trail Museum at Pine Grove Furnace State Park, Gardners, Pa.
- August 7** Vermont Long Trail Festival, Rutland, Vt.
- September** ALDHA West Gathering, California; see <www.aldhawest.org>.
- October 15–17** 29th ALDHA Gathering, Concord University, Athens, W.Va.

ALDHA 2010 Membership/Registration Form

Membership open to all No prerequisites or requirements No need to be a hiker to join

Name(s) _____

Current ALDHA member? Yes No _____

Date _____

Address City, State, ZIP _____

Phone (*with area code*) _____

E-mail _____

Trail name(s) _____

Home page _____

Trails completed and years they were hiked _____

Areas of expertise for the directory _____

- Membership** (choose one)
(includes four newsletters & the membership directory):
- Enclosed is \$10 for my 2010 annual membership in ALDHA. (*It's \$10 per family. Memberships run Jan. 1–Dec. 31.*)
- Enclosed is \$20 for my 2010 and 2011 annual memberships in ALDHA.
- Enclosed is \$200 for a lifetime membership in ALDHA.
(Membership is for life but does not include the Gathering fee each year.)
- 2010 Gathering registration fee**
(It's \$10 per person; \$20 per couple, etc.) _____ registrants
- \$_____ tax-deductible donation to the **Appalachian Trail Museum**,
a 501(c)(3) nonprofit (*separate check payable to **A.T. Museum Society***)

**Send completed form with payment (payable to ALDHA) to:
ALDHA, 10 Benning St., PMB 224, West Lebanon, NH 03784**